



VITALS

For Medical Transport Professionals

A Weekly Safety Newsletter

Speeding and Tailgating

The Ticket

Jack took a long look at his speedometer before slowing down. 73 in a 55 mph zone! This was the fourth time in as many months. How could a guy get caught so often? When his car had slowed down to 10 mph, Jack pulled over, but only partially. Let the cop worry about the potential traffic hazard. Maybe some other car will tweak his backside with the mirror. The cop was stepping out of his car, the big pad in hand. Bob? Bob from church? Jack sunk farther into his trench coat. This was worse than the coming ticket; a cop catching a guy from his own church; a guy who happened to be a little eager to get home after a long day at the office.

Jumping out of the car, he approached a man he saw every Sunday, a man he'd never seen in uniform.

"Hi, Bob. Fancy meeting you like this."

"Hello, Jack. No smile."

"Guess you caught me red-handed in a rush to see my wife and kids."

"Yeah, I guess."

Bob seemed uncertain. Good.

"I've seen some long days at the office. I'm afraid I bent the rules a bit - Just this once." Jack toed a pebble on the pavement.

"Diane said something about roast beef and potatoes tonight. Know what I mean?"

"I know what you mean. I also know that you have a reputation in our precinct."

Ouch. This was not going in the right direction. Time to change tactics. "What'd you clock me at?"

"Seventy. Would you sit back in your car please?"

"Now wait a minute here, Bob. I checked as soon as I saw you. I was barely nudging 65." The lie seemed to come easier with every ticket.

"Please, Jack. Wait in the car."

Flustered, Jack hunched himself through the still open door. Slamming it shut, he stared at the dashboard. He was in no rush to open the window. The minutes ticked by. Bob scribbled away on the pad. Why hadn't he asked for a driver's license? Whatever the reason, it would be a month of Sundays before Jack ever sat near this cop again. A tap on the door jerked his head to the left. There was Bob, a folded paper in hand. Jack rolled down the window a mere two inches, just enough room for Bob to pass him the slip. "Thanks." Jack could not quite keep the sneer out of his voice. Bob returned to his police car without a word. Jack watched his retreat in the mirror. Jack unfolded the sheet of paper. How much was this going to cost? Wait a minute. What was this? Some kind of joke? Jack began to read:

"Dear Jack, Once upon a time, I had a daughter. She was six when killed by a car. You guessed it - a speeding driver. A fine and three months in jail, and the man was free. Free to hug all three of his daughters. I only had one, and I'm going to have to wait until Heaven before I can ever hug her again. A thousand times, I've tried to forgive that man. A thousand times, I thought I had. Maybe I did, but I need to do it again. Even now. Pray for me. And be careful. My son is all I have left. Bob."

Jack turned around in time to see Bob's car pull away and head down the road. Jack watched until it disappeared. A full 25 minutes later, he too pulled away and drove slowly home, praying for forgiveness and hugging a surprised wife and kids when he arrived.

Life is precious. Handle it with care. Drive safely and carefully. Remember that cars are not the only things recalled by their maker.



The Benefit of Tailgating

This article is from the "Shuttle Scuttle," the newsletter from Shuttle Express, Inc. the 2004 Trax Insurance Ltd. "Highest Risk Control Score" winner.

For years we've harped on the necessity, requirement and wisdom of a 3 to 4-second following distance. This piece lets us know there may be an argument saying we've been wrong all these years. Experts say that you must maintain a 3+ second following distance from the car in front of you for reaction time. Now, if you cut that down by 2/3, as many do, you'll have a one-second gap. It stands to reason, if you do the math, the savings from tailgating is the two seconds between your front bumper and his back one. Tailgate on the return trip too and the total time you'll save on your daily commute is about four seconds. Tailgate like that for 50 years and you could save perhaps 20 hours over a lifetime!

However, the downside of this is the huge increase of rear-end collisions, the types of accidents that happen about 1.7 million times a year in the U.S. Thus, if you expected to live until say, 75 years of age, but your tailgating leads to your death at age 25, your effort to save 20 hours would have cost you 483,000 hours of life. That is a 21,000-to-1 down-side-to-up-side ratio. Now you make the choice. Is it a bet worth taking?

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